

# OH, LOOK AT ME NOW

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**RECORDING:** "Oh, Look At Me Now" [Flip "Some Of These Days"]

**PHASE & RHYTHM:** Phase V+1 American Foxtrot [link to promenade]

**SEQUENCE:** INTRO, A, A Mod, B, A Mod, END Speed 44 RPM

## INTRO

### 1-4 **WAIT (SHADOW); RAISE ARMS; HOV; GRAPEVINE;**

1 [WAIT] Wait SHAD WALL lt ft free for both arms down at sd;  
2 [RAISE ARMS] Slowly raise arms;  
3 SQQ [HOV] Fwd L WALL, \_\_, fwd R & rise, sd & fwd L SHAD DLW(W fwd L, \_\_, fwd R & rise, sd & fwd L);  
4 QQQQ [GRAPEVINE] Join rt hds xRif LOD, sd L, xRib, sd L SHAD WALL(W extend lf arm xRif, sd L, xRib, sd L);

### 5-8 **CROSS CK, REC, SD; GRAPEVINE; WK 2; FWD TRANS TO FC;**

5 SQQ [CROSS CK, REC, SD] Cross ck Rif LOD, \_\_, rec L, sd R RLOD;(W cross ck Rif, \_\_, rec L, sd R);  
6 QQQQ [GRAPEVINE] XLif RLOD sd R, xLib, sd R SHAD WALL(W xLif, sd R, xLib, sd R);  
7 SS [WK 2] Fwd L RLOD, \_\_, fwd R, \_\_ (W fwd L RLOD, \_\_, fwd R, \_\_);  
8 SS(QQS) [FWD TRANS TO FC] Bk L LOD, \_\_, cl R BFY RLOD, \_\_ (W fwd L RLOD, fwd R trn rf 1/2, cl L fc LOD, \_\_);

## PART A

### 1-4 **DEVELOPE; RF TWL CHASSE TO SCP; OP NAT; OUTSD SWIVELS;**

1 SS [DEVELOPE] Fwd L outsd ptr lt sd RLOD, \_\_, lead W develope, \_\_ (W bk R ptr outsd lt sd, \_\_, develope L, \_\_);  
2 SQ&Q [RF TWL CHASSE TO SCP] Bk R, \_\_, sd L lead W rf underarm trn/cl R, fwd L SCP DLW  
(W fwd L, \_\_, fwd R rf underarm trn/bk L cont rf trn, fwd R SCP);  
3 SQQ [OP NAT] Fwd R DLW trn rf, \_\_, sd & fwd L, bk R LOD(W fwd L, \_\_, fwd R, fwd L);  
4 SS [OUTSD SWIVELS] Bk L LOD ptr outsd lead ptr swivel 1/2 rf, \_\_, fwd R RLOD lead ptr swivel 1/2 lf, \_\_  
(W fwd R LOD outsd ptr swivel 1/2 rf, \_\_, fwd L RLOD swivel 1/2 lf, \_\_);

### 5-8 **TIPPLE CHASSE PVT; OP IMP; FEATHER; OP REV TRN;**

5 SQ&Q [TIPPLE CHASSE PVT] Bk L trn rf, \_\_, sd R/cl L trn rf, fwd R LOD pvt 1/2 rf CP RLOD  
(W fwd R outsd ptr trn rf, \_\_, sd L/cl R trn rf, sd L WALL pvt 1/2 rf CP fc LOD);  
6 SQQ [OP IMP] Bk L DLW, \_\_, heel trn rf cl R, fwd L SCP DLC(W fwd R, \_\_, sd & fwd L trn rf, fwd R SCP DLC);  
7 SQQ [FEATHER] Fwd R DLC, \_\_, fwd L, fwd R outsd ptr(W fwd L, \_\_, sd R, bk L DLC ptr outsd);  
8 SQQ [OP REV TRN] Fwd L trn lf, \_\_, sd R, bk L LOD ptr outsd(W bk R trn lf, \_\_, sd & fwd L, fwd R LOD outsd ptr);

### 9-12 **BK & CHASSE TO SCP; WHIPLASH; ZIG ZAG TO OUTSD SWIVELS & WEAVE;:**

9 SQ&Q [BK & CHASSE TO SCP] Bk R trn lf, \_\_, sd L/cl R, fwd L SCP DLW(W fwd L trn lf, \_\_, sd R/cl L, fwd R SCP);  
10 S\_ [WHIPLASH] Fwd R DLW sharp lf body trn & extend top line(W fwd L sharp lf swivel CP & extend top line);  
11 QQS [ZIG ZAG TO OUTSD SWIVELS & WEAVE] Bk L RLOD ptr outsd swivel rf, fwd R, fwd L outsd ptr lt sd swivel lf, \_\_  
(W fwd R RLOD outsd ptr trn 1/2 rf, bk L, bk R ptr outsd lt sd swivel 1/2 lf, \_\_);  
12 SQQ Fwd R outsd ptr swivel 1/2 rf, \_\_, fwd L outsd ptr lt sd, leading ptr to rt sd bk R  
(W bk L ptr outsd swivel 1/2 rf, \_\_, bk R ptr outsd lt sd, sd & fwd L to M's rt sd);

### 13-16 **FINISH WEAVE; HOV; GRAPEVINE; CHAIR, REC, SD;**

13 QQQQ [FINISH WEAVE] Bk L LOD ptr outsd, bk R trn lf, fwd L, fwd R outsd ptr DLW  
(W fwd R outsd ptr, fwd L trn lf, bk R, bk L ptr outsd);  
14 SQQ [HOV] Fwd L DLW, \_\_, fwd R & rise, sd & fwd L SCP LOD(W bk R, \_\_, bk L & rise, sd & fwd R SCP LOD);  
15 QQQQ [GRAPEVINE] Fwd R LOD, sd L, xRib, sd L BFY LOD(W fwd L, sd R, xLib, sd R BFY LOD);  
16 SQQ [CHAIR, REC, SD] Fwd R soft knee ck LOD, \_\_, rec bk L, small sd R trn rf fc RLOD  
(W fwd L soft knee ck LOD, \_\_, rec bk R, bk L fc LOD);

## PART A Mod

**1-14**  
1-14

**REPEAT MS 1-14 PART A;**;  
[REPEAT] Repeat ms 1-14 PART A;

# OH, LOOK AT ME NOW (cont.)

## PART B

**1-4** THRU FAN TCH; CONTRA CK & SWITCH; CURV FEATHER; OP IMP;

- 1 SQQ [THRU FAN TCH] SCP LOD fwd R, \_\_, fan L CW rf swivel, tch L to R CP WALL  
(W SCP fwd L LOD, \_\_, fan R CCW lf swivel, tch R to L CP WALL);
- 2 SQQ [CONTRA CK & SWITCH] Lower & ck fwd L strong contra rt sh lead, \_\_, rec bk R, rf trn small bk L cp DRW  
(W lower & ck bk R strong contra lt sh lead, \_\_, rec fwd L, rf trn small fwd R fc DLC);
- 3 SQQ [CURV FEATHER] Fwd R DRW, \_\_, fwd L curve rf, fwd R outsd ptr DRC  
(W bk L, \_\_, bk R curve rf, bk L ptr outsd fc DLW);
- 4 SQQ [OP IMP] Bk L ptr outsd, \_\_, rf heel trn cl R, fwd L LOD(W fwd R outsd ptr, \_\_, fwd L trn rf, fwd R LOD);

**5-8** THRU SD BEH; ROLL 3; GRAPEVINE; OP RF TRN;

- 5 SQQ [THRU SD BEH] Fwd R LOD release hds, \_\_, sd L, xRib(W fwd L, \_\_, sd R, xLib);
- 6 SQQ [ROLL 3] Fwd L LOD, \_\_, fwd R trn lf 3/4, sd L fc WALL(W fwd R, \_\_, fwd L trn rf 3/4, sd R fc COH);
- 7 QQQQ [GRAPEVINE] BFY fwd R LOD, sd L, xRib, sd L BFY(W fwd L, sd R, xLib, sd R BFY);
- 8 SQQ [OP RF TRN] Fwd R DLW trn rf, \_\_, sd & bk L, bk R fc RLOD low hds(W fwd L, \_\_, fwd R, fwd L LOD low hds);

**9-12** BK CONTRA WKS; RF TWL CHASSE; HOV TELE TO SCP; RUN OP NAT;

- 9 QQQQ [BK CONTRA WKS] Bk L LOD hds low rt sh lead, bk R lt sh lead, bk L rt sh lead, bk R lt sh lead  
(W fwd R LOD lt sh lead, fwd L rt sh lead, fwd R lt sh lead, fwd L rt sh lead);
- 10 SQ&Q [RF TWL CHASSE] Bk L rf trn, \_\_, sd R W rf twl/cl L, fwd R LOD(W fwd R, \_\_, fwd L twl rf/fwd R, bk L LOD);
- 11 SQQ [HOV TELE TO SCP] Fwd L LOD, \_\_, fwd R blend CP & rise, fwd L SCP DLC  
(W bk R LOD, \_\_, bk & sd L blend CP & rise, fwd R SCP);
- 12 QQQQ [RUN OP NAT] Fwd R trn rf, sd & fwd L cont rf trn, bk R, bk L LOD ptr outsd  
(W fwd L, fwd R, fwd L, fwd R LOD outsd ptr);

**13-16** PROM OVERSWAY; LINK TO PROM; GRAPEVINE; CHAIR, REC, SD;

- 13 SS [PROM OVERSWAY] Bk R lf trn, \_\_, fwd L LOD strong lt sway, chg to rt sway(W fwd L, \_\_, fwd R, chg sway);
- 14 SQQ [LINK TO PROM] Cl R to L correct sway, \_\_, rise & look lt, fwd L SCP LOD  
(W cl L to R correct sway, \_\_, rise & look rt, fwd R SCP);
- 15 QQQQ [GRAPEVINE] Fwd R SCP, sd L, xRib, sd L BFY LOD(W fwd L SCP, sd R, xLib, sd R BFY LOD);
- 16 SQQ [CHAIR, REC, SD] Fwd R soft knee ck LOD, \_\_, rec bk L, small sd R trn rf fc RLOD  
(W fwd L soft knee ck LOD, \_\_, rec bk R, bk L fc LOD);

## PART A Mod

**1-14** REPEAT MS 1-14 PART A;;  
1-14 [REPEAT] Repeat ms 1-14 PART A;

## END

**1-4** GRAPEVINE; ROLL TO SD X SD LUNGE; TRANS ROLL ACROSS; GRAPEVINE;

- 1 QQQQ [GRAPEVINE] Fwd R SCP LOD, sd L, xRib, sd L fc WALL(W fwd L SCP, sd R, xLib, sd R fc COH);
- 2 QQS [ROLL TO SD X SD LUNGE] Fwd R LOD lead W lf roll, bk L rf trn fc Wall, lunge sd R, \_\_  
(W fwd L trn lf, bk R cont lf trn, lunge sd L LOD fc WALL, \_\_);
- 3 SS [TRANS ROLL ACROSS] Sd L LOD lead ptr roll rf, \_\_, cl R sd by sd fc WALL join trail hds, \_\_  
(QQS)  
(W fwd R RLOD trn rf, bk L cont rf trn, sd R RLOD to sd by sd fc WALL join trail hds);
- 4 QQQQ [GRAPEVINE] XLif RLOD, sd R, XLib, sd R(W xLif, sd R, xLib, sd R);

**5-8** CROSS CK, REC, SD; CROSS CK, REC, TRANS; SLO RKS;  
SPIN TO ATTITUDE LINE;

- 5 SQQ [CROSS CK, REC, SD] Trail hds joined xLif ck RLOD, \_\_, rec R, sd L LOD(W xLif ck RLOD, \_\_, rec R, sd L LOD);
- 6 SQQ [CROSS CK, REC, TRANS] XRif ck LOD, \_\_, rec L, pt sd R RLOD(W xRif ck LOD, \_\_, rec L, sd R RLOD);
- 7 SS [SLO RKS] Rk sd R lt hd on W's waist, \_\_, push apt sd L, \_\_ (W rk sd L rt hd caress M's fc, \_\_, rk sd R, \_\_);
- 8 QQS [SPIN TO ATTITUDE LINE] Release trail hds sd R spin rf 3/4, cl L fc LOD, pt R LOD arms crossed look rt, \_\_  
(W sd L spin lf 1/4, tch R to L fc LOD, lift & pt R bk RLOD hds on ptr's sh look rt, \_\_);