

If You Take Me To Your Heart

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Music Take Me To Your Heart Again (Vince Hill) CD Album "Songs of My Life" or mp3

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Sequence INTRO ABC B END

Rhythm Foxtrot Phase V+1 (Continuous Hovercross) +1 (Four Feathers)

Speed : No Change

Timing SQQ unless noted at beginning of measure Footwork : Opposite except where noted

INTRO

1 - 4 (CP FC DLW) WAIT; SD DRAW TCH; R LUNGE, REC; FEATH FIN;

1 CP FC DLW Wait;

S-- 2 {Side Draw Touch} Stp sd L draw R,-,-;

SS 3 {Right Lunge Rec}Lunge sd & fwd R,-, rec L tch R,-;

4 {Feather Finish}Bk R trn LF,-, sd & fwd L, fwd R in CBMP DLC;

PART A

1 - 4 THREE STP; FOUR FEATHERS;;;

1 {Three Step} Fwd L CP,-, fwd R, fwd L;

SQQ 2 {Four Feathers} fwd R,-, fwd L outsd ptr in CBMP, fwd R;

SQQ 3 Fwd L to CP,-, fwd R, fwd L outsd ptr in CONTRA SCAR;

QQS 4 Sd R trn LF to CP, bk L fc RLOD in CBMP, bk R to CONTRA SCAR,-;

5 - 8 CONT FOUR FEATHERS; THREE STP; NAT TRN ½; CL IMP;

QQQQ 5 Bk L in CBMP, bk R comm LF trn passing thru CP, sd & fwd L, fwd R in CBMP outsd ptr fc DLW;

6 {Three Step} Fwd L CP,-, fwd R, fwd L;

7 {½ Natural} Fwd R comm RF upper body trn,-, sd L across LOD(*cl R to L heel trn*), bk R fc RLOD;

8 {Closed Impetus} Comm RF upper body trn bk L,-, cl R to L heel trn, sd & bk L to CP DLW (*Comm RF upper body trn fwd R between M's fitrn ½ RF,-, sd & fwd L arnd M, fwd R to CP*);

9 - 12 FEATH FIN; MINI TELESPIN;; CONTRA CK,REC SCP;

9 {Feather Finish} Bk R trn LF,-, sd & fwd L, fwd R in CBMP DLC;

SQQ& 10 {Mini Telespin} Fwd L comm LF trn,-, sd R cont trn (*cl L to R heel trn*), sd & bk L to momentary

SCAR no weight (*sd & fwd R LOD in momentary SCAR/fwd L trn LF*);

QQS 11 Begin LF spin on L (*fwd & sd R DLC*), sd R to CP fc DRC, tch L to R,-;

12 {Contra Check Rec SCP} Relax R knee trn body slightly LF fwd L in CBMP,-, rec bk R, sd & fwd

L to SCP DRW;

13 - 16 NAT WEAWE;; DRAG HES; HES CHNG;

SQQ 13 {Natural Weave} Fwd R (*fwd L*) comm RF trn,-, sd L (*fwd R*), bk R DLC lead ptr outsd (*fwd L*);

QQQQ 14 Bk L in CBMP, bk R comm LF trn passing thru CP, sd & fwd L, fwd R in CBMP outsd ptr fc DLW;

SS 15 {Drag Hesitation} Fwd L,-, beg LF trn sd R cont trn, draw L to R in BJO fc DRC;

16 {Hesitation Chng} Comm RF upper body trn bk L,-, sd R fc DLC, draw L to R;

PART B

1 - 4 OP REV TRN; HOV CORTE; HEEL PULL; START X SWVL to CRVD FEATH;

1 {Open Reverse Turn} Fwd L comm LF trn,-, cont trn sd R, bk L in CBMP fc DRC;

2 {Hover Corte} Bk R comm LF trn,-, sd & fwd L w/hvrng action, rec R BJO DLC;

SS

(SQQ)

3 {**Heel Pull**} Bk L comm RF trn,-, cont trn on L heel pull R bk to L,- (*fwd R trn LF,-, cont sd L, draw*

R to L) fc DRW;

SS 4 {**Cross Swivel to Curved Feather**} Fwd L swiv LF to BJO,-, fwd R comm RF trn in CBMP,-;

2

5 - 8

„ BK FEATH;,, FEATH FIN;,, THREE STP;,, CONT HVR X;

QQS 5 Cont RF trn sd & fwd L, cont trn fwd R outsd ptr, {**Back Feather**} Bk L,-;

QQS 6 Bk R w/R shoulder ld, bk L to CBMP, {**Feather Finish**} Bk R trn LF,-;

QQS 7 Sd & fwd L, fwd R in CBMP DLW, {**Three Step**} Fwd L to CP,-;

QQS 8 Fwd R, fwd L; {**Continuous Hovercross**} Fwd R to BJO comm RF trn,-;

9 - 12 ;; CRVG THREE STP; BK CRVG THREE STP;

QQQQ 9 Cont RF trn sd L(*cl R to L heel trn*), cont trn small R to SCAR DLW, fwd L in CBMP, cl R (*sd L*);

QQQQ 10 Bk L in CBMP, bk R to CP, sd & fwd L, fwd R in BJO DLC;

11 {**Curving Three Step**} Fwd L comm LF trn,-,fwd R cont trn, fwd L;

12 {**Back Curving Three Step**} Bk R comm LF trn,-, bk L cont trn, bk L fc DLW;

13-16 THREE STP; NAT TRN ½; OUTSD CHG SCP; SLO SD LK;

13 {**Three Stp**} Fwd L CP,-, fwd R, fwd L;

14 {**½ Natural**} Fwd R comm RF upper body trn,-, sd L across LOD (*cl R to L heel trn*), bk R fc RLOD;

15 {**Outside Change to SCP**} Bk L,-, bk R trn LF, fwd L (*fwd R*) to SCP DLW;

16 {**Slow Side Lock**} Thru R,-, sd & fwd L pickup W to CP DLC, XRIB;

PART C

1 - 4 DIAM TRN ½ ;; QK DIAM 4; QK FEATH FIN;

1 {**Diamond Trn ½**}Fwd L comm LF trn,-, cont trn sd R, bk L in CBMP outsd ptr;

2 Bk R cont trn,-, sd L, fwd R fc DRW;

QQQQ 3 {**Quick Diamond 4**} Fwd L comm LF trn, sd R cont trn, bk L, bk R CBMP fc DLW;

QQQQ 4 {**Quick Feather Finish**} Bk L, bk R trn LF, sd & fwd L, fwd R in CBMP fc DLC

5 - 8 DIAM TRN ½ ;; QUICK DIAM 4; SLO DIP BK, REC;

1 {**Diamond Trn ½**}Fwd L comm LF trn,-, cont trn sd R, bk L in CBMP outsd ptr;

2 Bk R cont trn,-, sd L, fwd R fc DRW;

QQQQ 3 {**Quick Diamond 4**} Fwd L comm LF trn, sd R cont trn, bk L, bk R to CP fc LOD;

SS 4 {**Slow Dip Bk, Rec**} Dip bk L,-, rec R fc DLC,-;

END

1 - 4 REV TRN;; THREE STP; NAT TRN ½;

1 {**Reverse Trn**}Fwd L comm LF body trn,-, sd R cont trn(*cl L to R heel trn*), bk L LOD in CP;

2 Bk R cont LF trn,-, sd & fwd L, fwd R in CBMP DLW;

3 {**Three Step**} Fwd L CP,-, fwd R, fwd L;

4 {**½ Natural**} Fwd R comm RF upper body trn,-, sd L across LOD(*cl R to L heel trn*), bk R fc RLOD;

5 - 8 IMP SCP; THRU PROM SWAY; CHNG SWAY; REC to OUTSD SWVL;

5 {**Impetus SCP**} Bk L comm upper body RF trn (*fwd R piv ½ RF*,-, cl R to L heel trn (*sd & fwd L arnd M*), fwd L (*fwd R*) to SCP DLC;

SS 6 {**Thru Promenade Sway**} Thru R,-, sd & fwd L stretch body upward to look over jnd ld hnds,-;

---- 7 {**Change Sway**} Lower on L trn upper body LF w/slight sway R W looks well to L;

SS 8 {**Rec to Outside Swivel**} Rec bk R,-, bk L XRIF (*swiv RF on ball of R ft*) to SCP;

9 - 11 CRVD FEATH; BK TWO to OP HINGE & EXTEND;;

9 {**Curved Feather**} Fwd R comm RF trn in CBMP,-, cont RF trn sd & fwd L, cont trn fwd R
outsd ptr;

QQS

(QQQQ)

10 {**Bk Two to Open Hinge**} Bk L, bk R comm LF trn, sd & fwd L ld W to XLIB relax L knee
look at ptr,- (*sd R swiv LF, XLIB relax L knee head to L*);

---- 11 {**Extend**} Cont relax L knee and extend hinge line w/slight sway to R extend L arms up
and out

as music fades W head well to L;