

# FEELS SO RIGHT

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CHOREO: Doug & Leslie Dodge, 192 Paradise Road, Santa Barbara, CA 93105

(406) 860-8185, [douglas.dodge@yahoo.com](mailto:douglas.dodge@yahoo.com) or [dodgedance@earthlink.net](mailto:dodgedance@earthlink.net)

RECORD: Feels So Right Artist: Alabama

MP3, Alabama Greatest Hits Album Time: 3:37 Available: I-tunes, others

RHYTHM: Bolero, RAL Phase IV, easy level

FOOTWORK Opposite (Woman's footwork or other explanation in parentheses)

SEQUENCE: Intro, A, B, C, B, Interlude, A, B, C, Ending

INTRODUCTION	
<b>Meas.</b>	
<b>1-2</b>	<b>(BFLY POS) WAIT 1 MEAS (trail foot free); OPEN BREAK;</b>
SQQ;	Wait 1 measure with trail foot free; Sd & fwd, -, apt, fwd;
<b>3-4</b>	<b>UNDERARM TURN; REV UNDERARM TURN;</b>
SQQ;	Sd L, -, XIB R, fwd (W sd R w/ body rise starting RF turn under joined hands, -, XIF L lowering and continue turning ½ RF, fwd R continue turn to fc partner);
SQQ;	Sd R, -, XIF L, bk R (W sd L w/ body rise start LF turn under joined hands, -, XIF R lowering and continue turning ½ LF, fwd L continue turn to fc partner);

PART A	
<b>Meas.</b>	
<b>1-4</b>	<b>NEW YORKER; SHOULDER TO SHOULDER TWICE;; LUNGE BREAK;</b>

SQQ;	(Bfly-wall) sd L, -, slip fwd R to OP, bk L to Bfly;
SQQ;	Sd R, -, XIF L to Bfly/Sidecar, bk R to fc;
SQQ;	Sd L, -, XIF R to Bfly/Banjo, bk L to fc;
SQQ;	Sd & fwd R, -, extend L, rise & rec R (W sd & bk L, -, bk R in contra pos, rec L);
<b>5-6</b>	<b>CROSS BODY; REV UNDERARM TURN;</b>
SQQ;	Turn sd & bk L, -, turn LF & slip bk R, fwd L turning LF to Bfly-COH (W sd & fwd R, -, fwd L crossing in of M turning LF ½, small sd R);
SQQ;	Sd R, -, XIF L, bk R (W sd L w/ body rise start LF turn under joined hands, -, XIF R lowering and continue turning ½ LF, fwd L continue turn to fc partner);
<b>7-10</b>	<b>NEW YORKER; SHOULDER TO SHOULDER TWICE;; LUNGE BREAK;</b>
	(Bfly-COH) repeat measures 1-4 of Part A;;;;
<b>11-12</b>	<b>CROSS BODY; REV UNDERARM TURN;</b>
	Repeat measure 5 of Part A to Bfly-wall; Repeat measure 6 of Part A, end CP-wall w/ lead hands lowered;

<b>PART B</b>	
<b>Meas.</b>	
<b>1-2</b>	<b>HIP ROCKS TWICE;;</b>
SQQ;	(CP-wall, lead hands lowered) rk sd L rolling hip sd & bk, -, rec R w/ hip roll, rec L w/ hip roll;
SQQ;	Repeat to R side;
<b>3-6</b>	<b>TURNING BASIC TWICE;;;;</b>
SQQ;	Sd & fwd L, -, bk R turning ¼ LF with slip pivot action, sd & fwd L turning ¼ LF;
SQQ;	(CP-COH) sd R, -, fwd L w/ contra check action, bk R;
SQQ;	Repeat measure 3 of Part B, turning to fc wall;
SQQ;	Repeat measure 4 of Part B, ending in Bfly;

<b>PART C</b>	
<b>Meas.</b>	
<b>1-2</b>	<b>FENCE LINE to R HANDSHAKE; SHADOW NEW YORKER;</b>
SQQ;	(Bfly-wall) sd L, -, X lunge R, rec L (changing to R handshake pos, facing wall);
SQQ;	Sd R & turn RF toward partner, -, continue RF turn slip fwd L shaping to partner, recover bk R turning LF to fc partner (W sd L & turn LF toward partner, -, continue LF turn slip fwd R shaping to partner (in front of partner in L shadow pos), recover bk L turning RF to fc partner – retain R handshake position);
<b>3-4</b>	<b>CROSS BODY; SHADOW NEW YORKER to 1/2 OP-RL0D;</b>
SQQ;	Turn sd & bk L, -, turn LF & slip bk R, fwd L turning LF to fc COH (W sd & fwd R, -, fwd L crossing in of M turning LF ½, small sd R – end R handshake pos M fc COH);
SQQ;	Sd R & turn RF toward partner, -, continue RF turn slip fwd L shaping to partner, recover bk R turning LF to 1/2 OP (W sd L & turn LF toward partner, -, continue LF turn slip fwd R shaping to partner (in front of partner in L shadow pos), recover bk L turning RF to 1/2 OP-RL0D);
<b>5-8</b>	<b>BOLERO WALK 3; OPEN IN &amp; OUT RUNS;; BOLERO WALK 3 to FC;</b>

SQQ;	(1/2 OP-RL0D) fwd L, -, fwd R, fwd L;
SQQ;	Fwd R starting RF turn, -, sd & bk L continuing RF turn to L 1/2 OP-RL0D, fwd R (W fwd L allowing man to cross in front, -, fwd R, fwd L, ending in L 1/2 OP-RL0D);
SQQ;	Fwd L allowing woman to cross in front, -, fwd R, fwd L to 1/2 OP-RL0D (W fwd R starting RF turn, -, sd & bk L continuing RF turn to 1/2 OP);
SQQ;	(1/2 OP-RL0D) fwd R, -, fwd L, fwd R blending to Bfly-COH;
<b>9-10</b>	<b>FENCE LINE to R HANDSHAKE; SHADOW NEW YORKER;</b>
SQQ; SQQ;	(Bfly-COH) repeat measures 1 & 2 of Part C, ending R handshake position facing COH;;
<b>11-12</b>	<b>CROSS BODY; FWD BREAK;</b>
SQQ; SQQ;	Repeat measure 3 of Part C, ending Bfly-wall; Sd & fwd R with body rise to L OP Facing, -, fwd L with contra check action, bk R (W sd & bk L with body rise, -, bk R with contra check action, fwd L); ( <b>note:</b> 1 <sup>st</sup> time thru end in CP-wall with lead hands lowered; 2 <sup>nd</sup> time end Bfly-wall)

<b>INTERLUDE</b>	
<b>Meas.</b>	
<b>1-4</b>	<b>HAND TO HAND; SPOT TURN TWICE;; HAND TO HAND;</b>
SQQ;	(Bfly-wall) sd L, -, swivel & bk R to LOP, fwd L to fc partner;
SQQ;	Sd R starting RF turn, -, XIF L continue turn RF ½, fwd R continuing turn to fc partner;
SQQ;	Sd L starting LF turn, -, XIF R continue turn LF ½, fwd L continuing turn to fc partner;
SQQ;	Sd R, -, swivel & bk L to OP, fwd R to Bfly-wall;

<b>ENDING</b>	
<b>Meas.</b>	
<b>1-2</b>	<b>PREPARE THE AIDA; AIDA AND EXTEND;</b>
SQQ;	(Bfly-wall) sd L rising to slight V position, -, thru R, turning RF sd L;
SS;	Continue RF turn step bk R to Aida line, -, slowly extend R arm as music fades, -;