INTRO

1-8

CHG TO SAME FT LUNGE LINE; CHG OF SWAY; TELESPIN ENDING TO SCP:

1 In Closed fcng DW weight on M’s R & L’s L wait one meas;

SS 2 (Change of Direction) Fwd L DW,-, fwd R DW trn LF 1/4 to fc DC and draw L to R.-;

SQQQS 3-5 (Telespin to Slow Throwaway Oversway) Fwd L start LF trn,-, fwd and sd R cont LF trn, pt sd and bk

SS L with partial weight on L keeping left sd fwd twd ptrn (W bk R,-, clo L to R comm heel trn LF, fwd

(QSQ& R); Spin LF / take weight to L cont LF trn, fwd and sd R cont LF trn, bk and sd L cont LF trn slowly

relax L knee allow R to pt sd and bk look at ptrn keep R sd twd ptrn fc DW (Keep right sd twd ptrn fwd

L/bk R, clo L to R comm LF heel trn, sd and fwd R trn LF slowly relax R knee allow L to pass R under

body to pt bk look well to left keep left sd twd ptrn).-;

SS 6 (Change to Same Foot Lunge Line) Rise on L body trn RF,-, clo R flex R knee extend L twd DC no

weight (W rise and swivl RF on R drw L twd R,-, lower on R extend L fwd L twd DC with thighs crossed

look R).-;

SS 7 (Change of Sway) Using full meas rotate upper body RF leading ptrn to trn head to left;

SQQ 8 (Telespin Ending to SCP) Rec L trng LF,-, sd and fwd R cont trn, fwd L twd DW in SCP (W fwd L/R

(&SQQ) arnd ptrn,-, clo L cont trn, fwd R to SCP DW);

PART A

1-8

OPEN NATURAL; RUNNING FINISH; CHECKED NATURAL & SLIP:

DOUBLE REVERSE SPLIT RONDE;; CONTRA CHECK & SWITCH; NATURAL WEAVE;;

SQQ 1 (Open Natural) Thru R comm RF trn,-, sd & bk L cont trn fc RLOD, bk R to contra BJO;

SQQ 2 (Running Finish) Bk L trn RF,-, fwd R twd LOD, fwd L twd LOD contra BJO;

SQQ 3 (Checked Natural & Slip) Fwd R,-, fwd L on toe trng RF ck fwd motion, trng LF recov bk R cont trn
to fc DC (W bk L,-, clo R to L on toes trng RF ck bk motion, trng LF slip L fwd to CP cont trng LF);

SQQSQQ 4-5 (Double Reverse Split Ronde) Fwd L comm LF trn,-, sd R, spin LF on R to CP DW bringing L to R no

weight chng (W bk R comm LF trn,-, clo L to R comm LF heel trn/cont trn to step sd & bk R, cont trn

LF on R XLIB of R no weight chng); Lowering on R trng LF ronde L leg CCW,-, cont trng LF and

XLIB of R, sd R to end CP RDC (W lower on R trng LF ronde L leg CCW,-, cont trn LF XLIB of R/sd

R cont trn, XLIB of R);

SQQ 6 (Contra Check & Switch) Lowering on R ck fwd L with LF body rotation,-, rec R trng upper body

RF, bk L pivoting RF to CP LOD;

SQQ 7-8 (Natural Weave) Fwd R,-, fwd L trng RF to fc RDW, bk R; Bk L,-, bk R trng LF, sd L cont trn,

QQQQ fwd R outside ptrn to contra BJO DW;

9-16

THREE STEP; TRAVELING HOVER CROSS;; REVERSE WAVE;; BACK FEATHER;

FEATHER FINISH; TRAVELING CONTRA CHECK;

SQQ 9 (Three Step) Fwd L,-, fwd R, fwd L;

SQQ 10-11 (Traveling Hover Cross) Fwd R comm RF trn,-, sd & fwd L cont RF trn, sd & fwd R to fc DC in

contra SCAR; Fwd L across body in contra SCAR, fwd & sd R blending to CP, fwd L blending to

contra BJO, fwd R with left sd stretch traveling DC (W bk R with left sd stretch in contra SCAR, bk &
sd L blending to CP, bk R blending to contra BJO, bk L ending in contra BJO);

SQQSQQ 12-13 (Reverse Wave) Fwd L,-, fwd R trn LF to fc RDC, bk L; Bk R,-, bk L, bk R to fc RLOD;

SQQ 14 (Back Feather) Blending to contra BJO bk L,-, bk R, bk L;

SQQ 15 (Feather Finish) Bk R trng LF,-, sd & fwd L, fwd R outside ptrn in contra BJO DW;

SQQ 16 (Traveling Contra Check) Blending to CP DW trn body LF to LOD relax R knee fwd L trng RF to CP

RDW (W trng LF in CP head left bk R trng RF) ,-, clo R to L rising to toes keeping knees relaxed, sd &
fwd L twd DW in SCP (W close L to R rising to toes, sd & fwd R);
PART A (MOD)

1-8 OPEN NATURAL; RUNNING FINISH; CHECKED NATURAL & SLIP;
DOUBLE REVERSE SPLIT RONDE; CONTRA CHECK & SWITCH; NATURAL WEAVE;

SQQ 1 (Open Natural) Same as meas 1 Part A;
SQQ 2 (Running Finish) Same as meas 2 Part A;
SQQ 3 (Checked Natural & Slip) Same as meas 3 Part A;
SQQSQQ 4-5 (Double Reverse Split Ronde) Same as meas 4-5 Part A;
(SQ&Q
SQ&Q)
SQQ 6 (Contra Check & Switch) Same as meas 6 Part A;
SQQ 7-8 (Natural Weave) Same as meas 7-8 Part A;
QQQQ

9-16 THREE STEP; TRAVELING HOVER CROSS; REVERSE WAVE; BACK FEATHER;
FEATHER FINISH; CHG OF DIR;

SQQ 9 (Three Step) Same as meas 9 Part A;
SQQ 10-11 (Traveling Hover Cross) Same as meas 10-11 Part A;
QQQQ
SQQSQQ 12-13 (Reverse Wave) Same as meas 12-13 Part A;
SQQ 14 (Back Feather) Same as meas 14 Part A;
SQQ 15 (Feather Finish) Same as meas 15 Part A;
SS 16 (Change of Direction) Same as meas 2 of Intro;

PART B

1-8 REVERSE TURN 1/2; QUICK FEATHER FINISH; NATURAL HOVER TELEMARK;
TELESWIVEL; THRU TO JETE PT; FALL AWAY RONDE & DEVELOPE; SEMI CHASSE;

SQQ 1 (Reverse Turn 1/2) Fwd R body trn LF,-, fwd & sd R trng LF fc RLOD (W heel trn), bk L CP RLOD;
SQQ 2 (Quick Feather Finish) Bk R trng LF,-, sd & fwd L/fwd R outside ptnr in contra BJO, fwd L contra BJO DW;
S&SSQQ 3-4 (Natural Hover Telemark) Fwd R trng RF,-/sd L cont trn (W heel trn), sd R well into knee twd DW to CP fc DC,-; Slowly draw L twd R rising cont RF trn,-, sd & fwd L twd DC, fwd R contra BJO DC;
QQQQ 5 (Teleswivel) Fwd L comm LF trn, fwd and sd R cont trn (W heel trn), bk L under body cont trn (W fwd R outside ptrnr), slight swivel LF on L allowing R to cross in front no weight (Swivel RF to semi-clo pos);
SQQ 6 (Thru to Jete Pt) Thru R in SCP DW,-, clo L to R trn LF to CP DW (W pickup to CP), relax L and pt R sd twd RDW;
SQQ 7 (Fallaway Ronde & Develople) Sd R lower into knee and trn left hip twd ptrnr starting her ronde then ronde L,-, bk under body L (W bk under body R), trn upper body LF leading ptrnr to trn LF no weight chng (W trn LF bringing L up outside of R leg to knee kick L fwd);
SQQ 8 (Semi Chasse) Fwd R (W bk L),-, sd L/clo R, fwd L;

9-16 DOUBLE WING; LOCK TURN; QUICK LEFT FEATHER; FEATHER FINISH;
CURVING 3-STEP; BACK CURVING 3-STEP; CHG OF DIR;

SQQQ 9-,, (Double Wing) Thru R,-, trn LF weight still on R, cont LF trn with weight on R; Cont LF trn with weight still on R, cont LF trn with weight on R drw L to R (W moving arnd ptrnr thru L,-/fwd R, fwd R; Fwd R, fwd L) now in contra SCAR RDC;
SQQ 10-,, (Lock Turn) Fwd L outside ptrnr swvl 1/2 LF to contra BJO (W bk R swvl 1/2 LF),-; Lock RIB (W lock LIF), fwd L twd DW (W bk R twd DW) contra BJO,
QQQ 11-12 (Quick Left Feather) Fwd R, fwd L to CP; Fwd R with R sd lead, fwd L outside ptrnr contra SCAR, trn LF sd R to CP, cont trn bk L contra BJO trvl RLOD;
SQQ 13 (Feather Finish) Bk R trn LF,-, sd L DW, fwd R contra BJO;
SQQ 14 (Curving 3-Step) Fwd L blending to CP,-, fwd R comm LF curve, fwd L on toes cont LF curve to end CP fchg RLOD;
SQQ 15 (Back Cruving 3-Step) Bk R,-, Bk L comm LF curve, bk R on toes cont LF curve to end CP fchg DW;
SS 16 (Change of Direction) Same as meas 2 of Intro;
PART B(MOD)

1-8
REVERSE TURN 1/2; QUICK FEATHER FINISH; NATURAL HOVER TELEMARK;;
TELESWIVEL; THRU TO JETE PT; FALLAWAY RONDE & DEOLVE; SEMI CHASSE;

SQQ 1  (Reverse Turn 1/2) Same as meas 1 Part B;
SQ&Q 2  (Quick Feather Finish) Same as meas 2 Part B;
S&SSQQ 3-4  (Natural Hover Telemark) Same as meas 3-4 Part B;;
QQQQ 5  (TeleSwivel) Same as meas 5 Part B;
SQQ 6  (Thru to Jete Pt) Same as meas 6 Part B;
SQQQ 7  (Fallaway Ronde & Develope) Same as meas 7 Part B;
SQ&Q 8  (Semi Chasse) Same as meas 8 Part B;

9-14
DOUBLE WING; LOCK TURN; QUICK LEFT FEATHER; FEATHER FINISH;
TRAVELING CONTRA CHECK;

SQQQQ 9-  (Double Wing) Same as meas 9-, Part B;;
SQQ 10-  (Lock Turn) Same as meas 10-, Part B;;
QQQ 11-12  (Quick Left Feather) Same as meas 11-12 Part B;;
QQQ SQQ 13  (Feather Finish) Same as meas 13 Part B;
SQQQ 14  (Traveling Contra Check) Same as meas 16 Part A;

TAG

1-6
OPEN NATURAL; RUNNING FINISH; CHECKED NATURAL & SLIP; TELESPIN TO
THROWAWAY OVERSWAY; CHG TO SAME FT LUNGE LINE & CHG OF SWAY;

SQQ 1  (Open Natural) Same as meas 1 Part A;
SQQ 2  (Running Finish) Same as meas 2 Part A;
SQQQ 3  (Checked Natural & Slip) Same as meas 3 Part A;
SQQQQS 4-5  (Telespin to Throwaway Oversway) Fwd L start LF trn,-, fwd and sd R cont LF trn, pt sd and bk L
with partial weight on L keeping left sd fwd twd ptnr (W bk R,-, clo L to R comm heel trn LF, fwd R);
QQS)  Spin LF/take weight to L cont LF trn, fwd and sd R cont LF trn, bk and sd L cont LF trn relax L knee
allow R to pt sd and bk look as ptnr fc DW (W keep right sd fwd twd ptnr fwd L/bk R,-, clo L to R comm LF
heel trn, sd and fwd R trn LF relax R knee allow L to pass R under body to pt bk look well to left keep
left sd twd ptnr);
SQQ 6  (Chg to Same Ft Lunge Line & Chg Sway) Rise on L body trn RF,-, clo R flex R knee extend L twd DC
no weight (W rise and swivel RF on R drw L twd R,-, lower on R extend L fwd twd DC with thighs
crossed look R), rotate upper body RF leading ptnr to trn head left;