AIN'T CHA GLAD

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Music: Grenn 14302 "Ain't Cha Glad"   Rel: May 2009
Rhythm: Roundalab Two-Step Phase II+2 {Fishtail & Strolling Vine}
Footwork: Opposite directions to M {W's in parentheses}
Sequence: Intro A B A{1-8} C B A {9-16} End   Time: 1:56 @45 rpm

INTRO

1 - 4   WAIT; WAIT; APART POINT; TOGETHER TOUCH; {SCP/LOD}
        1-2   wait; wait;
        3–4   bk L, -, pt R,-; tog R,-, tch L, -; {scp/lod}

PART   A

1 - 4   2 FWD TWO STEPS;; SLOW OPEN VINE 4;;
        1-2   fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
        3-4   sd L, -, xRib, -; sd L, -, sRif, -;
5 - 8   BOX;; REVERSE BOX;;
        5-6   sd L, cl R, fwd L, -; sd R, cl L, bk R, -;
        7-8   sd L, cl R, bk L, -; sd R, cl L, fwd R, -; {scp/lod}
9 - 12   2 FWD TWO STEPS;; TWO TURNING {CP/LOD};;
        9-10   fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
        11-12 sd L, cl R, sd & bk L trng ½ rf, -; sd R, cl L, sd & fwd R trng ½ rf to cplod, -;
13 – 16 PROGRESSIVE SCISSORS CHECKING;; FISHTAIL; WALK FACE;
        13-14 sd L, cl R, xLif to sdcar dlw, -; sd R, cl L, xRif to bjo lod checking fwd motion, -;
        15-16 xLib of R trng body rf, sd R, fwd L, xRib L; fwd L, -, fwd R fc ptnr, -; cpwall

PART   B

1 - 4   VINE 3; WRAP UP; UNWRAP; CHANGE SIDES;
        1 - 2   sd L, xRib, sd L, tch R; in place R, L, R, -; (W twrl lf under ld hnds)
        3 - 4   in plc L, R, tch L, (W unwrap rf) -; chg sides R, L, R, -; (W L, R, L, trn under
                trlng hnds, -;)
5 - 8   VINE 3; WRAP UP; UNWRAP; CHANGE SIDES;
        5 - 8   repeat meas 1 thru 4 ending in bfly wall;;;;

PART   C {5 Count Rhythm}

1 - 4   STROLLING VINE;;;;
        1 - 2   sd L, -, xRib of L, -; sd L, cl R, sd & fwd L trn ½ lf to cp coh, -;
        3 - 4   sd R, -, xLib of R, -; sd R, cl L, sd & fwd R trn ½ rf to cp wall, -;
5 - 8   TRAVELING DOORS;;;; {SCP/LOD}
        5-6   rk sd L,-, rec R,-; xLif, sd R, xLif,-;
        7-8   rk sd R, -, rec L, -; xRif, sd L, xRif, -; {scp/lod}
9 - 12   WALK 2; HITCH 3; BACK UP 2; BACK HITCH 3;
        9-10   fwd L, -, fwd R, -; fwd L, cl R, bk L, -;
        11-12 bk R, -, bk L, -; bk R, cl L, fwd R, -;
13 – 16 CIRCLE AWAY 2, 2 STEP AWAY; CIRCLE TOGETHER 2, 2 STEP TOGETHER;
        13-14 circle away to coh fwd L, -,R,-; fwd L, cl R, fwd L trng to face ptnr, -;
        15-16 fwd R, -, L, -; fwd R, L, R, -; {bfly/wall}

END

1 - 2   TWIRL/VINE 2; SIDE CLOSE APART POINT;
        1 - 2   fwd L, -, xRib (W sd R trng rf undr jnd ld hnds), -; sd L, cl R, bk L, pt R;